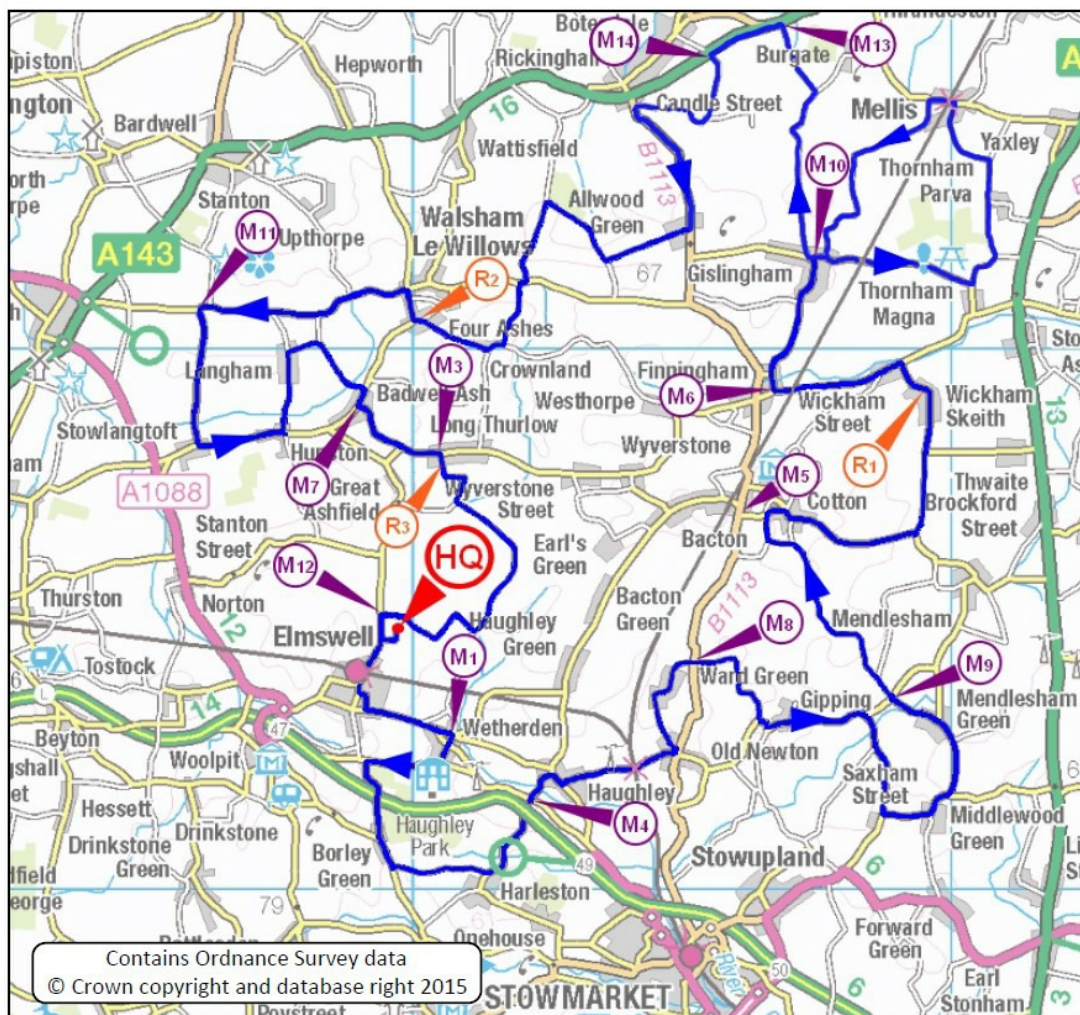




# 100k Route

## Location of Ride HQ



The following colours are used on the route

- 25k Family Route
- 50k Intermediate Route Extensions
- 100k Challenge Route Extensions

HQ Ride HQ and Start / Finish

M Marshal Stations

R Refreshment Stations

All routes start and finish at the HQ, ridden in an anti-clockwise direction

Routes may change subject to circumstances beyond our control.

Ride HQ is at:  
 The Blackbourne Centre  
 Elmswell  
 Bury St Edmunds  
 IP30 9UH